

Text SD 36: Fear is misdirected energy

Fear is a fiction - albeit real for many - it is not a spiritual reality. Fear drains us of life energy. That is why the natural antipoles of fear are life, joy and love.

"Do you want to know what I think about fear? Nothing at all, because it does not exist. It is only an energy bridled up by unfavorable beings, placed in the negative oblique light and diverted by sensitive people, which is placed in front of your life design principle in such a way that you cannot escape from its imprisonment" (Weidner 2002b:180). Through fear, negative forces want to get to the life forces of people, because: "With every fear, with every apprehension or anxiety you open yourselves. And this is the greatest weak point in the history of mankind, that people are always afraid of something, because they are not mature enough to realize that fear in reality only pretends something, it is not real. Life is real, but fear is unreal because it is various machinations of Lucifer, who spreads a net to drive people into fear and misery" (Weidner 2002b:180).

"All war is rooted in fear: not so much in that fear which men have of each other as in the fear which they have of everything. Not only do they not trust each other-they do not even trust themselves" (Merton 1954:75/76).

"Fear is only for those who have not yet come to the realization that it is actually a pressure on the body, its senses and organs" (Weidner 1989:26). "A person who is on the spiritual path should no longer be afraid of anything. Rather, he should live in the certainty that God is guiding and directing him, and that he need only be willing to let God's will work on him" (Weidner 1989:26).

"Brothers and sisters who are afraid in various variations do not have the presence of mind they would need and could have to escape the dangers posed by negative attacks-not only by spiritual negative attacks, but also by those in the material world. Their presence of mind is diminished. Why ...? - Because they consume very much of personal life force by their fears, not to say abuse! Because of their fears something always goes wrong in what they want. ... Who has fear, with him something goes wrong. Why? - Quite simply: because he cannot muster the concentration, because the vitality is missing" (Weidner 2010:215).

"Fear and desire articulate within us, each in its own way. One way of describing this articulation is to divide it into resistance/aggression and striving for power in the case of fear; and receptivity and participation in the case of desire. ... When fear has gained dominance in a person's life, resistance/aggression and the inclination to get a grip on things also prevail at the same time. Fear turns the other into a threatening force. This evokes power: resistance or aggression or the attempt to get a grip on things. Someone then lives 'instrumentally', that is, everything that happens is assessed according to what it yields in the struggle for existence, for maintaining or strengthening one's own position. This path has no end: everything that is found, everything that is thought, everything that is lived has only one meaning for holders of power: 'Can it serve us?' or 'Does it do us harm?' This is the reward of fear. Things and people lose their own face; creation is considered only according to power and fear; God is servant or enemy. Everything is subordinated to this grasp for power. It becomes a tool, an instrument to invoke fear. It works this way in small and large ways" (Andriessen 1984:66). "Fear designs

God as the powerful one and makes us a threatened fortress; ultimately without any chance. There is no 'partner.' From the basic idea that fear makes God the almighty, the one who can do everything and is allowed to do everything, different shades of the image of God and the religious attitude are possible. It can be a God who demands; who takes what is due to him; who rises high above human impotence because of his power; a ruthless believer with whom one never comes to terms; one who demands the impossible" (Andriessen 1984:70).

"You still understand that you can become physically ill through fear. But that you can also damage your soul to a certain degree through fear, that is already a higher wisdom, which must also be discussed once. I would like to put it in such a way that the fear is actually an enemy of the living being, which it attacks, a destroyer, a parasite, if the human will is not steered and he does nothing to fight the fear. ... It is added that such people have completely lost trust in God because it is taken away from them by fear" (Weidner 2006a:130).

"In the Bible it says, unfortunately put crudely, 'Fear him who is able to bring your soul to eternal destruction' (Matt. 10:28). There are a lot of errors in this sentence. First of all: Who has developed spiritually and who is in contact with the spirit world of God and his guardian spirit, does not need to fear 'him' either" (Weidner 2002b:181). Furthermore, Jesus was speaking to a crowd of people, and did not mean "to fear," but to "take heed," to purify oneself, and to place oneself under the dominion of the good, divine (cf. Weidner 2002b:181).

"God has not given us the spirit of fear, but the spirit of power and love and prudence" (2 Tim. 1:7).

"Fear inhibits man's vitality, gives the possibility for an unfavorable course of his life or destiny, and ultimately leads him in the wrong direction!" (Weidner 1990:97). "But fear means even more; it means the disruption of the whole thinking. He who constantly feels fear can no longer think properly, for one thought has overpowered everything, the thought of anxiety, of fear, of procrastination..." (Weidner 2006a:131).

"The only effective counterforce energy is faithful prayer of trust in God, Christ, and the spirit world of God. With this God-centered attitude of trust, the negative spirit beings of fear, anxiety, etc., are put to flight" (Weidner 1996:148/149).

"Freedom from fear, worry, sorrow, from all that you call fears, is the safest, easiest and quickest way to reach developmental maturity, the goal. ... Through freedom from fear, worry, sorrow, from all that which oppresses and distresses you, you develop more rapidly, more safely, more joyfully, more harmoniously, simply more God-willingly, if you observe that the truths which come to you all come, as it were, from the great funnel..." (Weidner 2010:207/208).

Love combats fear and renders it ineffective. Love transforms the energy of fear into a higher vibrating energy - and thus deprives fear of its basis.

Source references and bibliographic information at:

<http://www.geistige-entwicklung.ch/angefuehrte-literatur---cited-literature.html>

Translated with www.DeepL.com/Translator (free version)

Reference address: www.geistige-entwicklung.ch
Copying and passing are desired mentioning source reference