

Text SD 41: Sexuality and love

Partnership love is godly if it is understood as service for the beloved person. The less selfish the love is, the better it succeeds in being there for the other person. Spiritual love expects nothing - and gives everything.

"To a disciple who wanted his opinion about getting married, ... [the master] said, 'Be careful not to marry a saint.' 'Why not?' 'Because that is the surest way to make you a martyr,' was the master's cheerful reply" (de Mello 1986:54).

According to Weidner (1992:108ff.), sexuality is primarily life energy-and the second most powerful drive in humans-needed for spiritual development. This means that life energy should be brought up into the heart chakra (seat of the spiritual core, CJ) and into the brain chakra (seat of the God spark, cf. Weidner 1992:113). Acting out sexuality is misuse of life energy, and negative beings feed on it.

"The sensuality, which you humans use to call love, has nothing at all to do with love. For true love is eternal, but sensuality is a result of the falling away from God and the consequent condensation to matter - and consequently transient" (Weidner 2010:253).

"A lover does not give in order to receive something in return, but he cannot avoid bringing something to life in the other, which in turn affects him back. Giving implies that the other also becomes a giver. And both can share in the joy of what has been brought to life. What a goal for a marriage! That is why it is actually a relationship without precedent, a way of life that has a future" (Kuhn and Kuhn 1988:24).

Because only God, the Creator, can give life, life is something of the most precious thing there is (cf. Weidner 1999:45). "And that is why life is something so precious to us spiritual beings, the most precious thing of all. Not our perfection - that comes by itself if we work at it. But that we are allowed to live ..., that is the most delightful thing about it!" (Weidner 1999:45).

The right way of dealing with sexuality is thinking from the spiritual core: What does the spiritual core, the divine spark want from me, what does God expect? If sexuality is connected with love - and subordinated to loving thoughts and feelings, it is divine and spiritually "right". If it hurts, makes someone - even oneself - an object, sexuality cannot be divine. "The bond of spiritual love embraces you all! This bond of love should have a strengthening effect on each other through a spiritual-soul love action. Always supervise that your love is of spiritual-soul nature and should not make unloving demands on your loved ones" (Weidner 2000b:159).

"Love creates a unity of being between two persons. This unity of being brings with it the immediate knowledge of the other. Whoever does not love a person has not recognized him in his most actual being. Love means to be so dependent on another person that one receives one's own being from him. I am myself in that I love. I love, however, since you are. I, therefore, in that and insofar as you are" (Boros 1966:81).

"From this arises the possibility, also in being together, to practice devotion in this love for the partner and to ask and pray for him in this intimate relationship, in order at the same time ...

to send thoughts of love to the partner from this embrace, in order to take him along to the spiritually higher level of development. ... By the freeing of your gift of love, you breathe into him, so to speak, the spiritual fluid of life" (Weidner 2000b:175).

"When a man whose marriage was not going well sought his advice, the Master said, 'You must learn to listen to your wife.' The man took this advice to heart and after a month came back and said he had learned to listen to every word his wife spoke. Said the master with a smile, 'Now go home and listen to every word she does not say'" (de Mello 1986:94).

The measure of divine love in partnership is unselfishness. The welfare of the beloved person takes precedence over one's own.

Source references and bibliographic information at:

<http://www.geistige-entwicklung.ch/angefuehrte-literatur---cited-literature.html>

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